

Field Station Policies

All guests are required to adhere to the BFREE Field Station policies. Guests who do not adhere are subject to immediate dismissal from the Field Station. Should a guest be asked to leave, there will be no refund, and BFREE is not responsible for any additional expenses incurred by the guest due to their dismissal.

FIELD STATION:

- No molesting, harming, or killing of any wildlife (including venomous snakes)
- No chopping brush or marking trees with machetes or other tools
- Apply bug spray away from other people and outside of buildings
- Do not swim at night unless accompanied by a BFREE staff member.
- Flagging should be removed, and borrowed field equipment returned immediately upon completion of projects
- Campfires are permitted in designated fire pit with permission from BFREE staff
- No smoking in any BFREE buildings
- No pets. Please leave pets at home.
- Leave shoes outside the building.
- Keep doors closed, turn lights off when not in use
- Keep food and perishables in a sealed container
- 9 p.m. is quiet time—please turn off the music and talk softly. This includes the kitchen
- Dispose of food waste in compost piles

TRAILS:

- Use trail map on information board to find out about available trails
- Travel in pairs and inform BFREE staff before hiking and approximate time of return.
- Do not litter. Pick up trash along trails and dispose of it properly.

MEALS:

- Inform BFREE staff of food allergies and special dietary needs. We do our best to accommodate all dietary restrictions; we ask that you are armed with respect for the local culture and a flexible attitude.
- If you have any concerns about your dietary restrictions or the meals you are receiving, inform the field course leader immediately.
- Mealtimes (unless other arrangements are made), please arrive on time: Breakfast - 7:30 AM, Lunch - 12 noon, Dinner - 6:30 PM.

PERSONAL PROPERTY:

- BFREE is not liable for any lost, stolen, or damaged personal property.

ALCOHOL:

- Extreme intoxication at any time is not permitted. In addition, disorderly conduct, property destruction, intimidation, or other infringements on the rights of others as a result of alcohol are prohibited.
- Beer & cokes are available for sale in limited supply at the Cool Spot from 5-6 PM daily. The legal drinking age in Belize is 18 years.
- Visitors may not bring outside alcohol to the BFREE field station.
- Do not offer BFREE staff alcohol; we adhere to a strict no-drinking policy.
- BFREE does not tolerate drug use. Prescription drugs prescribed by a doctor are permitted. Drugs are illegal throughout Central America, and the penalties can be severe.

HEALTH & SAFETY:

- BFREE adheres to a zero harassment policy. Disrespectful or inappropriate conduct is prohibited.
- Hitchhiking to/from BFREE is not permitted.
- Visitors to Belize should visit a reputable international travel clinic to receive appropriate immunizations (or check with the World Health Organization www.who.int). Inform BFREE staff of medical conditions or allergies immediately upon arrival
- Stay hydrated by carrying a water bottle at all times
- Report injuries or illness to BFREE staff and the group leader immediately
- Carry and use flashlights when walking around from twilight to sunrise
- Protect yourself from mosquito and other insect bites by wearing light-weight, long-sleeved shirts, and long pants when at BFREE.

TRAVEL INSURANCE:

- BFREE does not provide travel insurance.

DOCUMENTS:

- Guests are responsible for obtaining and maintaining all required travel documents and permits. Guests must complete the Contact and Health Information Form along with a photocopy of the information page of their passport. In addition, guests must review, understand and sign BFREE's Waiver, Release of Liability, Assumption of Risks, and Indemnity Agreement. Completed forms should be emailed to contact@bfreebz.org no less than 15 days before arrival.